#### Care panel

**Moderator: Vivienne Parry** 

Science Journalist & Broadcaster

**Paul Hogan** 

Founder, Home Instead

# Relationship-Based Home Care for People with Dementia

The Impact of Innovation Across Technology, Health, Care and Urban Design for Super Ageing Societies

5 DECEMBER 2018



PRESENTED BY
Paul Hogan, Founder and Chairman of Home Instead Senior Care

# RBHC Benefits Individuals, Families, and Society



Enhanced Emotional Well-Being



Better Care Coordination



Better Care for People Living with Dementia



Improved Care
Safety and Quality



Greater Flexibility and Peace of Mind for Families



Lower Healthcare Costs



#### Relationship-Based Home Care Delivers on Our Promise of High-Quality Care

**Relationship-based home care (RHBC)** is an innovative type of care organized around the needs of the care recipient, rather than the completion of a predefined set of tasks. Home Instead is delivering this innovative type of care in more than 75,000 homes around the globe.

#### Relationship-based home care:

- Is person-centered
- Is outcomes-base
- Keeps care recipients healthy and independent
- Embraces the philosophy "relationship first—task second"
- Engages care recipients collaboratively and purposefully, while also connecting emotionally

### How we provide care

#### Person-Centered and Relationship-Based

- 90% of seniors prefer to live at home as they age
- Focus on relationships, not tasks
- Personalized care solutions, including care coordination

#### Specific Focus on Alzheimer's and Other Dementias

- Alzheimer's training for our professional CAREGivers
- Free Alzheimer's training for the public
- 10,000+ in-person trainings completed and 50,000+ by e-learning course

### Care for the Family Caregiver

- Free training and resources for family caregivers and care partners
- Focus on family caregiver wellness
- Alleviates physical and emotional burdens, provides peace of mind







Active & Healthy Living



Extended Life With Quality

### Home Instead Is Improving Quality of Life for Seniors with Alzheimer's



### Double the Care Time

AOD patients with paid home care received 97.1 hours per week, compared to 51.7 for those without.



### Nearly 50% Fewer Doctor Visits

AOD seniors with home care averaged 10.2 doctor visits per year versus 19.2 for those without home care.



### Fewer Hospital Admissions

AOD seniors receiving home care had a 58% rate of in-patient hospital admissions, compared to 66% for those without.



### **Overall Better Quality of Care**

73% of caregivers using professional home care rated the overall quality of care for their family members with AOD as "very good" or "excellent," compared with 62% of non-users.

SOURCES: "The Value of Caregiving at Home" – Conducted by the Boomer Project for Home Instead, Inc., franchisor of the Home Instead Senior Care franchise network, this major national study surveyed more than 1,600 family caregivers across the U.S. Results described here refer to the "more serious" AOD group evaluated.

#### Kees van der Burg

Director-General, Long-Term Care, Ministry of Health, Welfare and Sport, The Netherlands



Ministry of Health, Welfare and Sport

#### KEES VAN DER BURG

Director-General for Long Term Care

























#### **Shekhar Saxena**

Visiting Professor, Harvard and Former Director, World Health
Organization

# Care for persons living with dementia: Opportunities and challenges in LAMICs

Shekhar Saxena

Harvard T H Chan School of Public Health

Five years since G8

Awareness and planning has progressed; actual services have not.

#### Integration within UHC

- UHC is a commitment of SDGs and is a rights issue
- UHC is one of the strategic priority of WHO
- UHC is high on national health agendas
- Dementia care needs to be integrated within the entire health system
- A large proportion of care overlaps with care of the elderly
- Integration is less stigmatizing
- Competition with other priorities

#### Innovation is the key

- Dementia care needs to be culturally appropriate
- Communities need to be involved closely
- Health and social care need to be fully integrated
- Alternative care providers can be (cost-)effective
- Information technologies can play a critical role

#### Prevention needs to be stepped up

- Prevention must be a component of the care continuum
- LAMICs have more prevention opportunities
- Prevention should be integrated within NCDs prevention
- Early identification is necessary (though exact diagnosis is not)

#### Elina Suzuki

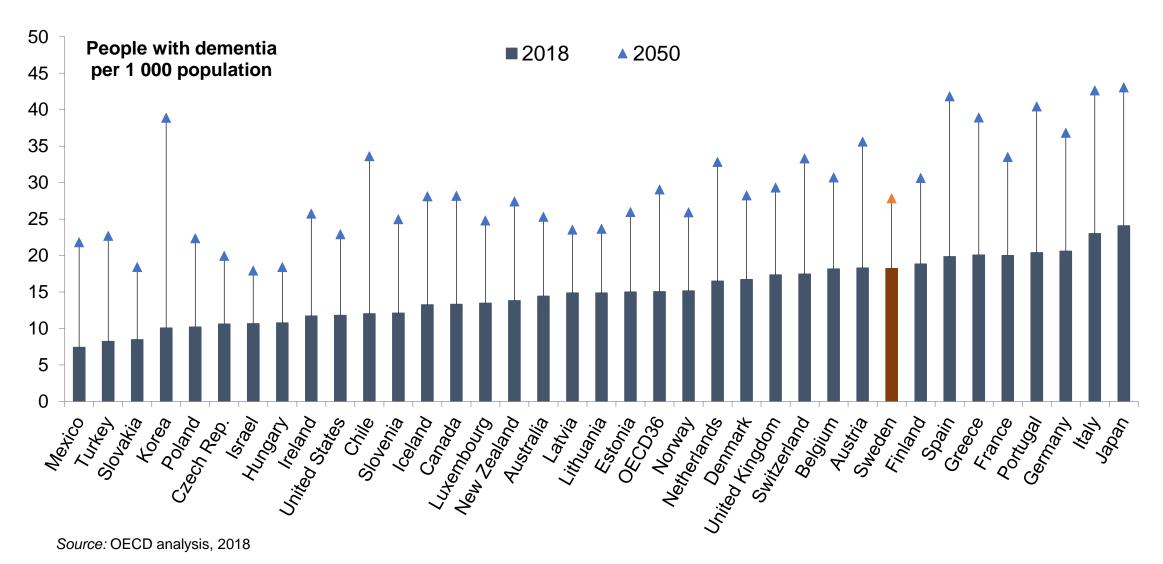
Health Policy Analyst, Organisation for Economic Cooperation and Development

# Improving the quality of care for dementia

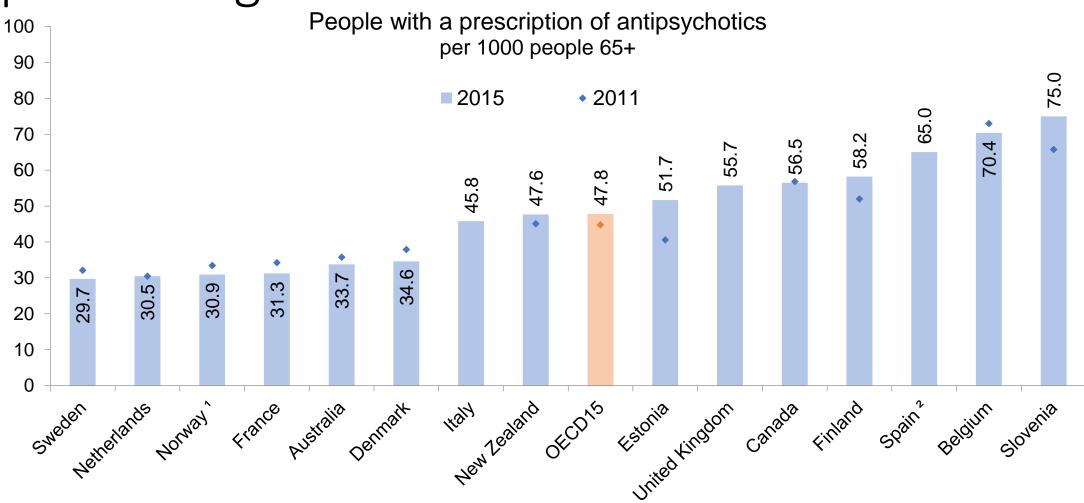
Elina Suzuki Health Policy Analyst OECD

5 December 2018 London

# The challenge of dementia will continue to grow



# Significant variation in antipsychotic prescribing across OECD countries



#### **Questions?**